

**Family Counselling  
Trust Dorset**



**REFERRAL FORM**

**REFERRAL GUIDANCE:**

It is expected that suitable referrals to FCT will be the equivalent of Tier 2 cases for the NHS. There will usually be a single problem involving the child or children and their family. FCT does not deal with cases involving personality disorder or possible psychosis. Cases FCT may help with could involve mild obsessive behavior, anxiety, depression, anger issues, bullying or aggression which does not involve police action. There will be no immediate risk to life or to others. Please note that Tier 2 cases can also be referred to CAMHS. Active self harm, severe eating disorders and child protection issues will usually require Tier 3 CAMHS services. Looked-after children will not be referred to FCT as specific registration is required for undertaking such work. The family income will be estimated to be in one of three bands which will affect family contributions towards counselling.

Referrer, agency, address and telephone

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Date of referral.....

Referred person..... Date of birth.....

Parent(s) or main carer's name.....

Address.....

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Telephone and contact details.....

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GP name, address and telephone

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Referral information (continue on a separate sheet as needed)

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Income band up to £25000 pa including benefits (£5 per session)	Yes/ No / Unknown
£25000 - £35000 pa including benefits (£20 per session)	Yes/ No / Unknown
over £35000 pa including benefits (£45 per session)	Yes/ No / Unknown

Is the family aware that FCT has been suggested to them? Yes / No

Have you considered CAMHS Tier 2 or 3 prior to FCT referral? Yes / No

Why not?.....

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Do the circumstances require notification to Safeguarding and has this been done? Yes/ No

Why not?.....

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Any other comments.....

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Signature of referrer.....